



The Cincinnati Dental Hygienists' Association is hosting a virtual CE Course on Wednesday November 16, 2022, 7pm-9pm

Cost is \$35 for non-members; Members and Dental Hygiene Students are FREE

The topic is: "Your Patient is Addicted to Nicotine: What is Your Plan?"

The Speaker is: Sherri Warshaw, RDH, CTTS

To register for this course, please go to the following link: [forms.gle/qQVGed5qnKnFqd83A](https://forms.gle/qQVGed5qnKnFqd83A)

Join CDHA for a remote webinar that will provide treatment options and an evidence based approach to helping individuals with their quit plan.

### **Course Objectives:**

1. Attendee will be able to discuss with patients the different forms of nicotine delivery systems.
2. Attendee will understand the types and dosing of FDA approved medications and OTC products to treat nicotine addiction.
3. Attendee will practice through case studies and cooperative learning different approaches to counseling nicotine addicted patients.
4. Attendee will be introduced to the concepts involved with Motivational Interviewing as an approach to behavioral change.



### **About the Speaker:**

Sherri Warshaw, RDH, CTTS

Sherri began her career in dentistry 50 years ago as a dental assistant in Miami, Florida. She graduated Summa Cum Laude in 1995 from the University of Cincinnati as a Registered Dental Hygienist. In 2013 she attended the Mayo Clinic to receive her certification as a Tobacco Treatment Specialist helping individuals become free of nicotine addiction. She founded her company Smokefree Steps, LLC as a venue to reach clients that use all forms of nicotine. The same year she became a Professional Educator on Behalf of Waterpik, Inc. As a Waterpik educator she trains offices in the proper use of the different models and specific tips.

During her career Sherri has spent decades in the field of Periodontics as a patient educator and a clinician. She educated dental hygiene students in proper instrumentation skills and patient education/management during their clinical rotation in the clinic at the University of Cincinnati. Her vast experience in the field dentistry makes Sherri an expert in the field of patient education.